



# Your Benefits Matter More Than You Think.

## The Critical Connection Between Comprehensive Insurance Solutions and Mental Health in the Workplace

Join **Kimberly King**, Licensed Health Insurance Consultant, for an educational workshop discussion on:

- How limited benefits contribute to emotional strain at work
- Why mental health challenges are often linked to financial insecurity
- The role of affordable supplemental insurance in creating a more focused, supportive work culture
- What NAMI employees can do to protect themselves—and thrive

**Lunch and Learn Webinar - August 14th**

**Webinar Meeting Link**

