



In This Together

IMPACT
2020

NAMI-
Greater
Houston

NAMI-GH PROGRAM IMPACT 2020

EDUCATION



304

Education Program Graduates

28

Education Programs

ADVOCACY



55

Presentations

1182

Presentation Attendees

*Does not include social media reach

CRIMINAL JUSTICE



228

Peer sessions

2123

Attendees

SUPPORT



21

Support groups

1752

Support group person-sessions

HANDS ON THE DECK



150

Program leaders & volunteers

23

SEA Center Volunteers

SEA CENTER



Our SEA Center received

1872

Incoming calls & emails

And responded with

2491

Call backs and emails

And additionally, sent out

8204

Care Outreach calls and emails

Our research shows that



~70% of our participants have had one or more emergency psychiatric hospitalizations for themselves or their loved ones

OUR 2020 JOURNEY: NEW INITIATIVES AND INNOVATIONS

The Year 2020

What began as just another year, brought many challenges and compelled us to innovate our offerings and design new pathways to offer support!

2020

COVID

Care Outreach

Expanded SEA Center operations and rolled out care survey to reach out to 1000+ NAMI alumni, community outreach, our members and volunteers & extended NAMI community to reach 8200 people.

Our research shows that

Learning Communities

A model for volunteer engagement and learning through reflection and sharing; Monthly meetings for NAMI program leaders & facilitators to connect and learn using innovative participatory approaches.

Civic unrest

Diaspora Mental Health Equity Project

An awareness and capacity building project to increase access for mental health needs of Black & Latinx communities disproportionately affected by Covid & civic unrest. Reached 20,000+ people.



For every life-threatening crisis

Healing Circles

A community mental health model to surface deep emotional trauma without explicit clinical terminology, to be implemented across deserving neighborhoods in Houston. Infrastructure, training and funding are in process.

Health Crisis

TOWARDS 2021

A community Mental Health Approach

For true Mental Health equity, Mental Health needs to be demystified, normalized and made accessible within the realm of community living.

our participants report another 4 'medium' crises – crises that are not life threatening but leave them scarred and traumatized.

